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The Scoop, Vol.7, No.3 (July 1995)

June Seamans

PWA Coalition

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The Scoop

VOLUME 7

JULY 95

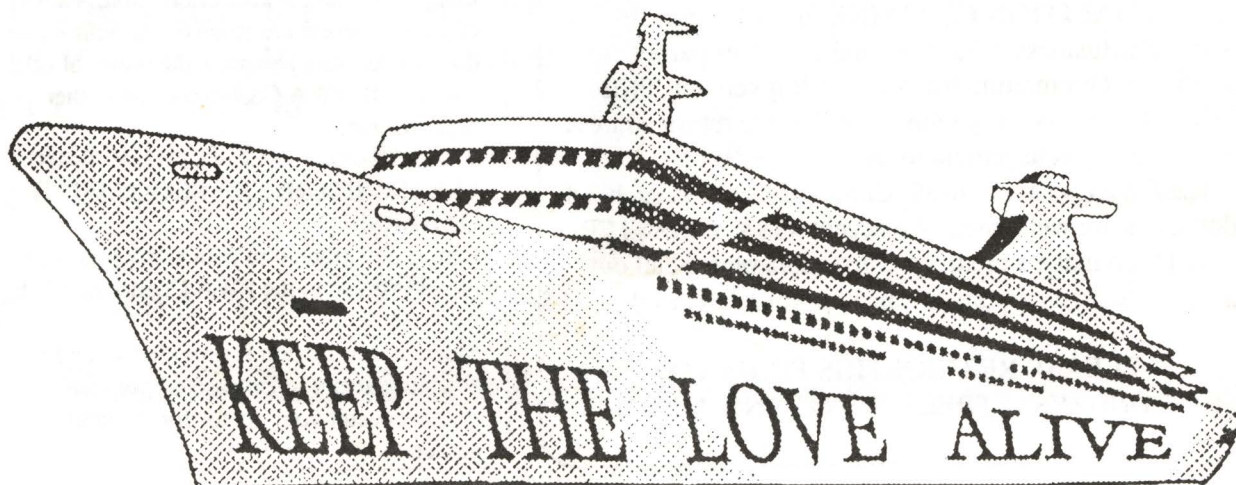
ISSUE 3

A PUBLICATION FOR THE ADVANCEMENT OF HIV/AIDS AWARENESS

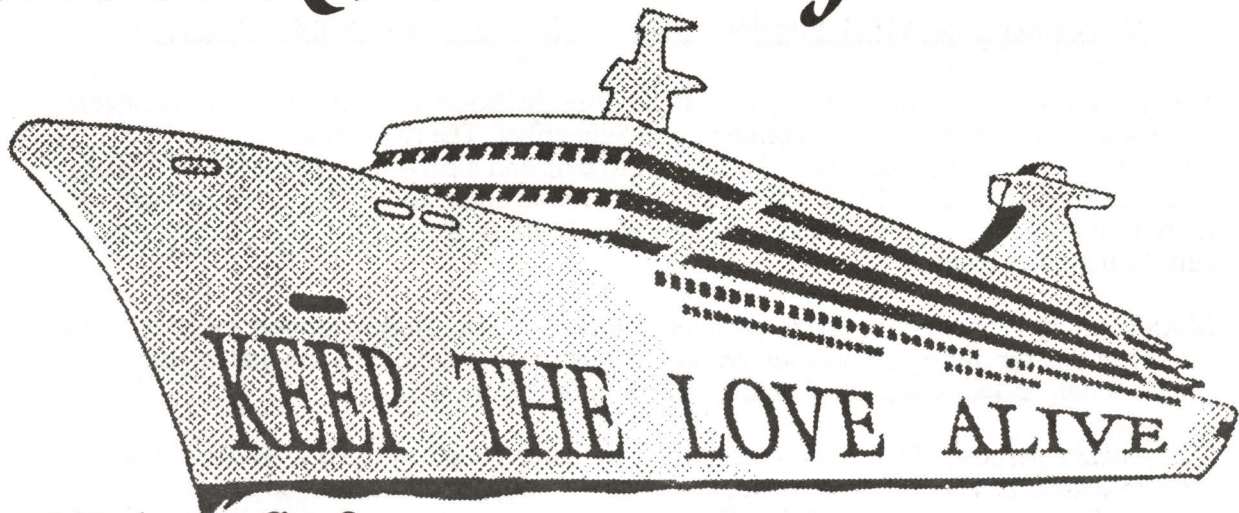
ANCHORS AWAY !!

AHOY LANDLUBBERS, come sail with the Coalition on Sunday July 23 from 6 to 9 pm for the 7th annual **"KEEP THE LOVE ALIVE"** benefit boat cruise departing from Casco Bay Lines, Island Ferry Terminal for 3 hours of pure pleasure. For those of you who joined us last year on the cruise... I'm sure you remember what a great time we all had. For those of you who missed last year's cruise... get your tickets so you don't miss this cruise. Tickets were sold out last year. We realize that economic times are tough, but so are funding times for AIDS services. We want you to have a great time and we will do everything we can to make sure you enjoy the cruise. Music will again be provided by Dave & Wanda. Refreshments will be serviced on the lower deck, and from what I've heard, will be plentiful in both amount and variety. There will also be a cash bar for your pleasure.

Tickets are available at: Drop Me A Line Congress St, Ecology House Exchange St, Ecology House @ The Maine Mall, Blackstones Pine St, Sister's Bar Danforth St, and at the Coalition office on Congress Street. The ticket price is \$15.00 and we accept Checks, Money Orders, Visa, Mastercard, and of course Cash. If you wish to purchase your tickets by credit card, please call the office at 773-8500.



Sunset & Harborlight Cruise



an AIDS benefit for:

The People With AIDS Coalition of Maine

A three hour sunset cruise aboard

The Longfellow II, Long Warf, Portland, Maine

Sunday July 23, 1995

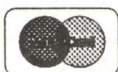
6:00 PM - 9:00 PM Ticket Price \$ 15.00

For Tickets or Information call 773-8500

The P. W. A. Coalition
now takes Visa & Master Card.
To charge your tickets, mail this
form to the address below, or
call in your ticket order to:

The People With AIDS Coalition of Me.
696 Congress St. Portland, Me 04102
Phone; 207-773-8500

Ticket Price \$15.00



Please send me ___ cruise tickets @ 15.00 each.
no, I cannot join you on the boat, but would like to
sponsor ___ person(s) living with AIDS @ 15.00 ea.

Please charge my MASTER CARD____, VISA____
for _____ tickets @ \$15.00 each, Total \$_____

Card # _____ Exp ____/____

Name: _____

Address _____

City _____ State _____ Zip _____

Signature _____

Please _____ send my tickets to the address above
OR _____ hold my tickets for pick-up at the boat.

A NOTE FROM THE EDITOR:

I would like to thank the following people for their generous contributions to the COMPUTER FUND: David Ketchum, Richard Derrah, Patricia Smith, Kathryn Hanley & William Winkelman, Paul Schnell, K. Aldene Walters, Sheila Millay, Joan Mary LeBlanc, and all the anonymous donations we received "THANK YOU!". We purchased a Compaq 660 multi media computer with the money that was donated. The next issue of the SCOOP will be done on the "NEW" computer, so stay tuned.

I'm looking foreword to seeing you on the boat cruise and if you can not attend, please think of donating the price of a ticket so a Person With AIDS can go. Please call the office to make arrangements to donate the price of a ticket.

I hope you all have a great summer!!

WES

Stay Connected!

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THE SCOOP is published by **THE PEOPLE WITH AIDS COALITION OF MAINE**. It's offered to Individuals, Business, Churches, and any other parties free of charge. Our mailing list is NEVER given out. **THE SCOOP** is mailed only with PWAC as the return address. Your privacy is important to us.

The PWAC is a non-profit Corporation and as such, all donations are welcomed. We accept VISA & MASTER-CARD. To make a credit card donation, please call our office. We thank you in advance for your donation!

PLEASE RETURN THIS FORM TO:
696 CONGRESS STREET PORTLAND, ME 04102

THE PEOPLE WITH AIDS COALITION
OF MAINE
THE LIVING ROOM NORTH
696 CONGRESS STREET
PORTLAND, ME 04102

OFFICE PHONE: (207) 773-8500
OFFICE FAX: (207) 773-1125
LIVING ROOM NORTH: (207) 780-1936

HOURS:

OFFICE: 10:00 TO 4:00 DAILY
LIVING ROOM: 10:00 TO 7:00 DAILY

DINNER SERVED AT 6:00pm NIGHTLY

DISCLAIMER

This publication is designed to present information to people with AIDS, HIV, and AIDS-related conditions. It is not to be regarded as providing medical advice, nor does the appearance of information in this publication constitute an endorsement of that information by the PWA Coalition. Consult your health care provider for proper medical advice before undertaking any treatment discussed herein.

The appearance of any person's name or image in this publication does not imply anything about their sexual orientation. Views expressed herein are those of the author and do not necessarily express the views of other authors, the PWA Coalition or any other organization.

PLEASE SHARE THE SCOOP WITH OTHERS!!!

Permission granted to photocopy as long as credit is given to the PWA Coalition of ME.

Medical information is provided solely for educational and informational purposes. Please consult your doctor for medical advice.

FROM KITTERY TO CALAIS; THE MAINE SCENE

Merrymeeting AIDS Support Services(MASS) Fall Buddy Program

Merrymeeting AIDS Support Services (MASS) Buddy Program has training for volunteers interested in becoming a Buddy coming up in September. The two weekends are September 8, 9 and 15, 16, 1995. If you want to befriend a person living with HIV/AIDS, please call Deb Stone at MASS (207) 725 - 4955 for an application. There will be three more trainings for volunteer Buddies before May 1996, so if you can't make September, call for the other dates.

MASS Buddy Program also needs volunteers to facilitate the Buddy support meetings. The qualifications for these positions include being a member of the clergy, mental health professional, or social worker. Contact Deb for more information.

The primary purpose of the Buddy Program is to match people with HIV/AIDS with a trained volunteer who will be a friend, an emotional support, and a non-judgmental listener. If you are living with HIV/AIDS and think you might want to try a Buddy, please call Deb. Our goal is to meet your needs. Your suggestions and thoughts are vital to this program. Even if you don't want or already have a buddy, please let Deb know how we can better serve your community.

MCAP Grant Moneys Distributed

Initial awards of grant moneys have been announced by MCAP (Maine Community AIDS Partnership). The People With AIDS Coalition of Maine has been awarded a grant to increase the number of issues of The Scoop to eleven as was previously published. The Coalition has also hired a coordinator to help with this process and to begin to solicit advertising to help underwrite the costs of this newsletter. We remind our readers that The Scoop has been in existence since spring of 1989, beginning with thirty-five issues and its distribution has risen to 2,000 issues. The costs associated with this increase had forced the Coalition to reduce the number of issues to six per year. With these grant moneys, this statewide paper will be brought back to its original mission to provide up-to-date, accurate information on HIV/AIDS issues to persons affected by and infected with HIV throughout the state of Maine. Other agencies receiving grant awards include: American Red Cross, PTC, ACAP-Health 1st, Community Counseling Center, Eastern Maine AIDS Network, Merrymeeting AIDS Support Services, New Beginnings, Inc., The AIDS Project and Waldo-Knox AIDS Coalition. A complete listing of all grant moneys awarded will be published in the August issue.

Camp Chrysalis 1995 Season Information

Camp Chrysalis is looking forward to their fifth season! Last year was their most successful camp week yet, and they are eager to welcome back families who have been to camp before, as well as new families who might benefit from the Camp Chrysalis experience. Camp Chrysalis has been associated with Waldo-Knox AIDS Coalition since they began, in 1991. The camp project developed out of a support group for people affected by HIV/AIDS, which was part of WKAC. In 1995, because of the steady growth of this project, they applied for their own non-profit status. Their relationship with WKAC remains strong and supportive, but because of the constantly increasing numbers of families in need of service, they have made a mutual decision to establish Camp Chrysalis as an independent organization devoted to Pediatric AIDS.

Camp this year is limited to approximately 25 children and their families in order to retain the intimate nature of camp. If you know of families who might be interested in attending camp, please inform Meredith Bruskin and Donna Short at P.O. Box 990, Belfast, Maine, 04915 or call (207) 338-5089.

MEDICAL UPDATES

NEW AIDS TREATMENT HOTLINE

A new hotline providing timely and accurate treatment information on HIV and AIDS has been developed by the Public Health Service with the CDC National AIDS Clearinghouse. The free telephone reference service is staffed by information specialists who will link callers to appropriate resources. All calls are free and confidential, and bilingual operators are available. Call the HIV/AIDS Treatment Information Service at (800) 448 - 0440; TDD/Deaf Access (800) 243 - 7012.
(Positively Aware, July/August 1995)

FREE DRUG INTERACTION GUIDE

A free HIV/AIDS drug interaction book is now being offered by the AIDS treatment information group Project Inform. The publication details side effects and potential interactions of common drugs used by people with HIV. You order a copy, call (800) 822 - 7472.
(Positively Aware, July/August 1995)

13 PERCENT REMAIN AIDS-FREE

Approximately 13 percent of homosexual/bisexual men infected with HIV at an early age will be long-term survivors, remaining free of disease for more than 20 years, according to the predictions of researchers with the Multicenter AIDS Cohort Study. Researchers based their predictions from the ongoing study of 1,809 HIV-positive men. The criteria used to define "long-term" were stable immune markers and no use of antiretrovirals.
(Positively Aware, July/August 1995)

FUNGAL-FIGHTING FLUCONAZOLE

The antifungal drug fluconazole appears to reduce the incidence of cryptococcosis, esophageal candidiasis, and other fungal infections in persons with CD4 counts of 50 or below. A study in the March 15, 1994, *New England Journal of Medicine* finds fluconazole to be "safe, effective and well-tolerated as prophylaxis against superficial, serious, and invasive fungal infections." The drug appears to be most effective against infections caused by candida and *Cryptococcus neoformans*. Investigators say patients with advanced HIV infection should consider using fluconazole as a primary prophylaxis against fungal infections.
(Positively Aware, May/June 1995)

HEALTH AND NUTRITION TIPS FOR THE SUMMER

Yogurt Fruit Smoothie

1 cup berry-flavored low-fat yogurt
1 ripe banana
1 cup berry flavored juice
1/2 cup crushed ice
Mix in blender
Provides about 230 calories, plus 4 gm. protein. Low-fat, low-lactose.

Sherbet Shake

1/2 cup non-dairy creamer (Mocha Mix or Second Nature)
1 cup sherbet
Mix in blender.
Provides about 440 calories, plus 3 gm. protein per 1 1/2 cups.

SUPPORT GROUPS

MAINE

THE AIDS PROJECT / PORTLAND
22 MONUMENT SQUARE
PORTLAND, ME 04101
774-6877 / 1-800-851-2437

THE AIDS PROJECT / LEWISTON AUBURN
P O BOX 70
AUBURN, ME 04217-0070
783-4301

DAYSPRING
C/O KVRHA
8 HIGHWOOD STREET
WATERVILLE, ME 04901
873-1127 MIKE G.

AIDS COALITION OF LEWISTON/AUBURN
P O BOX 7977
LEWISTON, ME 04243-7977
795-4019

EASTERN MAINE AIDS NETWORK
P O BOX 2038
263 STATE STREET
BANGOR, ME 04401-2038
990-3626 LATONA TORREY

H.O.P.E. HEALING OF PERSONS
EXCEPTIONAL
1ST UNIVERSALIST CHURCH
ELM & PLEASANT STREETS
AUBURN, ME 04042
524-5966 MIKE

MERRYMEETING AIDS SUPPORT SERVICES
P O BOX 57
BRUNSWICK, ME 04011-0057
725-4955

DOWNEAST AIDS NETWORK
114 STATE STREET
ELLSWORTH, ME 04605
667-3506

WALDO-KNOX AIDS COALITION
P O BOX 956
BELFAST, ME 04915-0956
338-1427 MARJORIE PERCIVAL

NEW HAMPSHIRE

PROJECT SURVIVE
PWA/HIV COALITION
P O BOX 80
ELLIOT, ME 03903
15 BANNING STREET
PORTSMOUTH, NH 03801
603-433-8404
OFFICE HOURS: 10 TO 2 MON/WED/FRI

EASTERN MASSACHUSETTS

NUVA, INC
MAIN STREET
GLOUCESTER, MA 01930
508-283-1000 MICHAEL COOK, DIR AIDS SVCS

AIDS OUTREACH PROGRAM
P O BOX 3003 NO 224
NEWBURYPORT, MA 01950
508-462-2851 SHELIA BRENNEN

GREATER NEWBURYPORT AIDS INITIATIVE
31 GREEN STREET
NEWBURYPORT, MA 01950
508-462-8243

STRONGEST LINK AIDS SERVICES
TOPSFIELD, MA
508-887-0090

FENWAY COMMUNITY HEALTH
7 HAVILAND STREET
BOSTON, MA 02115
617-267-0900

WE ARE NO LONGER ABLE TO LIST ALL SUPPORT GROUPS BY PROVIDER.
PLEASE CONTACT THE SERVICE PROVIDER IN YOUR AREA FOR INFORMATION.

THANK YOUS!!!

Neal Morrison
Robert Beaulieu
David Ketchum
Richard Derrah
Patricia Smith
Kathryn Hanley
William Winkelman
Paul Schnell
K Aldene Walters
Sheila Millary
Harbormasters
Joan Mary LeBlanc
Skillins Greenhouse
Jodi Hartley
Marc Renard
The Underground
Olga Park
Michael Carron
Ken Weed
Staples, Inc

Russell Tarkinson
Blackstones
Bob Plouffe
Sisters
Citi
Ecology House/Exchange St
Ecology House/The Maine Mall
Drop Me A Line
Emmanuel Baptist Church
Bobbie Palmer
OUR SPACESITTERS:
Donna Hendricks
Joanne Miller
Louise Daly
Mark Levesque
Rob Dennison

WISH LIST

Window Accessories	Pots
Bedding	Pans
Air conditioners & Fans	Radios
Lawn Mower	Lamps
Auditor	Towles
Silverware	Truck
Used furniture	TV's

AIDS SERVICE ORGANIZATIONS

PEOPLE WITH AIDS COALITION OF MAINE
696 CONGRESS STREET
PORTLAND, ME 04102
773-8500 FAX 773-1125
TOM LYONS
OFFICE HOURS: 10 TO 4 MON THRU FRI
DROP-IN CENTER: 10 TO 7 MON THRU FRI
FOOD PANTRY: 12:30 TO 2:30 MON/WED/FRI

SERVICES PROVIDED:

DROP-IN SPACE
FOOD PANTRY
HOT EVENING MEALS 5 DAY'S A WEEK
LAUNDRY FACILITIES
QUIET SPSPACE FOR READING
CLOTHING BANK
EQUIPMENT LOAN PROGRAM

AIDS RESPONSE OF THE SEACOAST (ARS)
1 JUNKINS AVENUE
PORTSMOUTH, NH 03801
603-433-5377 FAX 603-431-8520
MARK MILLER
OFFICE HOURS: 9 TO 5:30 MON THRU FRI

SERVICES PROVIDED:

FOOD PANTRY
CASE MANAGEMENT
MULTIPLE HEALTH REFERRALS
ACCESSING SOCIAL SERVICE PROGRAMS
REFERRALS TO SUPPORT GROUPS
MENTAL HEALTH REFERRALS
REFERRALS TO ARS' BUDDY PROGRAM
REFERRALS TO DIRECT VOLUNTEER SVCS
REFERRALS TO SPEAKERS BUREAU
NEED-BASED FINANCIAL ASSISTANCE

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